

# FIVE FREEDOMS

**ONTARIO SPCA**  
AND HUMANE SOCIETY

Ontario's animal charity since 1873.

The Ontario SPCA is committed to ensuring the humane treatment of all animals. We believe that all animals should be living the healthiest life possible while in our care.

This is accomplished by following the Five Freedoms of Animal Welfare:



## **1. FREEDOM FROM HUNGER AND THIRST**

by ready access to fresh water and diet to maintain health and vigor.

## **2. FREEDOM FROM DISCOMFORT**

by providing an appropriate environment including shelter and comfortable resting area.

## **3. FREEDOM FROM PAIN, INJURY OR DISEASE**

by prevention or rapid diagnosis and treatment.

## **4. FREEDOM TO EXPRESS NORMAL BEHAVIOUR**

by providing sufficient space, proper facilities and company of the animal's own kind.

## **5. FREEDOM FROM FEAR AND DISTRESS**

by ensuring conditions and treatment which avoid mental suffering.