

### Canine Activity Selection Chart

Before planning your enrichment program, use the MAKE A PLAN process on the shelterhealthpro website to assess your dog for safety, skills, and personality.

#### **Enrichment is:**

- An ongoing process, not a single object or event
- Only enriching if the animal chooses to interact with it or is affected positively by it
- Specific to the dog based on its assessment (See Animal Assessment)

**A daily enrichment schedule includes all opportunities for enriching the animal's life.** It incorporates a combination of sensory, physical, environmental, cognitive and social activities. You can also find a wide variety of options in Enrichment for Dogs and Puppies.

Activity	Frequency	Type of Stimulation	Especially Good For:	Personnel Required	Notes
<b>Classical music</b>	Daily, but not continuously throughout the day	Auditory	All dogs	Staff or volunteer to change the CDs	Bird song CDs are also good; check out used CD stores for inexpensive choices; vary when music is played and choose music that doesn't increase vocal behaviour
<b>A different scent – indoor or outdoor kennel</b>	Daily	Olfactory	Scent hounds, but almost all dogs will engage with olfactory stimulation	Staff or volunteers to distribute	Can be introduced during daily cleaning; use diluted cooking extracts (vanilla, almond, etc), sweet spices; buy in bulk from warehouse stores

<b>Exercise yard; weather permitting</b>	Daily	Olfactory/ Tactile Social	High-energy dogs	Staff/Trained volunteers	Dogs who are not dog aggressive can play in the yard in pairs or groups
<b>Exercise in a yard with a person, playing ball, exploring</b>	Daily	Social/Tactile, Cognitive/ Olfactory	All dogs, especially high-energy dogs	Staff/Trained volunteers	Toys, structures to play on/around, digging areas, scents add interest to the space
<b>Rotation of toys *See Magic Toy Box</b>	Daily (or more)	Cognitive/ Tactile	All dogs	Staff or volunteers to distribute	can be introduced during daily cleaning, try and include puzzle toys
<b>Filled KONG®</b>	End of day	Oral	All dogs, especially heavy chewers	Staff or volunteers to distribute, volunteers to prep	Kong® products of sizes appropriate for the dogs; fun foods to stuff in them (applesauce, cottage cheese/cream cheese, canned & dry dog food, and low residue food for those that can't have the others)
<b>Paper rolls with a few treats</b>	Twice weekly	Oral/Cognitive	All Dogs	Staff or volunteers to distribute, volunteers to prep	Use empty paper-towel and toilet paper rolls, small dry treats/kibble
<b>Feed using a KONG® or other food dispensing toys.</b>	Daily/ one meal	Oral/Cognitive	All dogs, especially heavy chewers	Staff or volunteers to distribute, volunteers to prep	KONG® products of appropriate sizes, for daily meals

<b>Splash Works</b>	As weather permits	Physical/ Cognitive	Active dogs who like water	Staff or volunteers to distribute, volunteers to prep	Kiddie Pools filled with water/outdoor kennel or play yard/floating toys
<b>In Kennel Reading</b>	Daily	Social	All dogs, especially shy or fearful dogs	Staff or volunteers	A good book and a person to read it
<b>Grooming</b>	Once per week	Social	All dogs	Staff of volunteers	A variety of brushes and combs