

## **CATCH**

The following information has been adapted from Dr. Brenda [Playing Games With Shelter Dogs](#)

- Catching is fun and often quite amusing for all involved.
- Catch is great for old dogs, young dogs, confined dogs, shy dogs, bold dogs, busy dogs, bored dogs---and it is so very easy to play!

### **Materials:**

- Popcorn/mini marshmallows- think light, fluffy, easy to see and relatively easy to catch. Of course, you can absolutely use any type of food for this game.

### **What To Do:**

1. Toss one treat at a time towards the dog.
2. Allow dog to catch it. Some dogs won't at first, but will develop coordination and skill in time.
3. Repeat steps.