

CHASE IT

The following information has been adapted from Dr. Brenda Griffin's [Playing Games with Shelter Dogs](#)

CHASE IT is a great game for all dogs and is very easy for humans to play! With a little finesse and the right toy on the end of the stick, this can be very useful for piquing interest in shy dogs and getting them into the game. It can also be a great energy burner for any dog who is into the game. For handlers that are not comfortable playing tug or fetch, this game is a nice choice as it will allow them to engage with the dog with a little more space between them, the toy and the dogs mouth!

Materials:

- a Kong Chase IT squirrel stick; or make your own using PVC pipe, rope, and toy

What to do:

1. "Be the squirrel!" — Use the pole to move the toy on the ground using an erratic motion and quick hop in the air!!!
2. Let the dog capture it occasionally.
3. Release for treat (toss treat to free the squirrel!)
4. Take breaks (squirrel stops moving)
5. Finally, the squirrel dies and the game ends.
6. Finish the game before the dog loses interest.