

GO WILD AND FREEZE

The following information has been adapted from Dr. Brenda Griffin's [Playing Games with Shelter Dogs](#)

This is a good game for strong, young, impulsive dogs. It teaches them how to turn ON and OFF and rewards appropriate behavior with play! It is actually quite fun to play a group version of this – one dog with more than one person – all going WILD and then FREEZING.

This is truly an amusing and quite useful game for dogs and humans alike.

What to do:

Look at the dog and say GO WILD – and you jump around, make some noise, hop laterally, get silly, get excited. Hopefully, he will be encouraged to do the same and you can playfully engage and connect together.

- 1) After a moment or two of wildness, say FREEZE and turn away from him, cross your arms, and say nothing at all
- 2) When he is calm, re-engage him and GO WILD again