

LIFT

The following information has been adapted from Dr. Brenda Griffin's [Playing Games with Shelter Dogs](#)

1) Hold your hand above the dog's head such that he has to lift up to touch it. This can be used to shape an impressive leap to touch your hand, which is FUN for many dogs.

SPIN

- 1) Move your right hand in a small clockwise circle over the dog's nose.
- 2) As he follows it, he will SPIN in a tight circle.

Gradually fade your hand over time as he learns the motion—he'll begin to rely less and less on following your hand and will SPIN with only a hand gesture as a cue. Many dogs LOVE to spin!