

SEE IT DROP IT

The following information has been adapted from Dr. Brenda Griffin's [Playing Games with Shelter Dogs](#)

This game uses food to teach impulse control – the dog learns to wait and look at the food before being cued to GET IT GET IT! This is a handy way to teach stay- all the while the dog just thinks it is a fun game!

See It, Drop It is a great game for any dog that needs to learn to look, listen and wait - excellent for those strong, impulsive types!

Materials:

- Dog treats

What to do:

1. The game progresses from gently restraining the dog so that he waits and sees it, to the dog doing this on his own, to the dog doing it even if the treat is dropped or tossed.
2. The handler patiently helps the dog succeed with a playful attitude.
3. Short sessions will prevent frustration and keep the dog (and handler) in the game.