

## **DIY INSTRUCTIONS: HOW TO MAKE A CATNIP PILLOW**

### **Materials needed:**

- fleece fabric (this fabric is easiest to cut as it won't fray like most fabric)
- scissors
- glue gun (alternatively you could use a sewing machine)
- cat nip (dried organic is best)

### **Procedure:**

1. Using the scissors, cut fleece into rectangular pieces
2. Using the glue gun, apply a small ribbon of glue to the edge of the 2 long parallel sides of the rectangle.
3. Quickly (before the glue cools) fold the fleece diagonally in half to make a square
4. Firmly press the edges together. Using the scissors, trim away any excess glue that may be visible.
5. Stuff the desired amount of catnip into the opening of the pillow.
6. Lastly, carefully apply glue to the edge of the open portion of the pillow.
7. Quickly and firmly press the two pieces together to ensure it is sealed. Using the scissors, trim away any excess glue that may be visible.

### **Tips:**

- Alternatively, the steps which involve using the glue gun, can be replaced by sewing instead.
- Ensure that there are no excess glue pieces remaining on the cat nip pillow before giving it to a cat to play with.
- Ensure that all sides are completely sealed to prevent the cat nip from falling out of the pillow.